

Product Price List

Fall 2013



Sales Support (888) 957-8880
sales@foundationalfitness.com

STEP 1 Focus On Movement

MOVEMENT PROGRESSIONS

MP-CTCD-1	Movement Progression 1 Circuit Cards (89)	134.00
MP-DVD-1	Movement Progression 1 DVD	59.00
MP-PKG-1	Movement Progression 1 Package Includes Circuit Cards plus DVD	159.00
MP-CTCD-2	Movement Progression 2 Circuit Cards (89)	134.00
MP-DVD-2	Movement Progression 2 DVD	59.00
MP-PKG-2	Movement Progression 2 Package Includes Circuit Cards plus DVD	159.00
MP-PKG-COMBO	Movement Progressions 1 & 2 Circuit Cards (178) and DVDs	279.00

STEP 2 Add Simple Equipment

JUNGLE GYM & ACCESSORIES

4-JG	Jungle Gym	50.00
4-JG-WM	Jungle Gym Wall Mount	15.00
JG-Combo	Jungle Gym w/ Wall Mount and Carabineer	59.00
JG-CB	Jungle Gym Carabineer	3.00
JG-SLV	Jungle Gym Plastic Sleeve	3.00
JG-CTCD	Jungle Gym Circuit Cards (25)	39.00
JG-DVD	Jungle Gym Educational DVD/CD	30.00
JG-CTCD	Jungle Gym Package (Circuit Cards plus DVD)	59.00

MEDICINE BALLS

8-MB-1	1K Medicine Ball	25.00
8-MB-2	2K Medicine Ball	30.00
8-MB-3	3K Medicine Ball	35.00
8-MB-4	4K Medicine Ball	40.00
8-MB-5	5K Medicine Ball	50.00
MB-CTCD	Medicine Ball Circuit Cards (16)	24.00
8-MBH-12	Medicine Ball Holder (12 ball capacity)	249.00
8-MBH-18	Medicine Ball Holder (20 ball capacity)	299.00
8-MBH-28	Medicine Ball Holder (28 ball capacity)	349.00

POWER WHEEL II

4-PW-2C	Power Wheel II	60.00
PWH-CTCD	Power Wheel Circuit Cards (8)	12.00

JUMP ROPES

7-PJR	Power Jump Rope	12.00
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SIMPLE EQUIPMENT CONT

SANDBELLS

Unfilled

UFSB-2	Unfilled Sandbell 2 lb.	8.00
UFSB-4	Unfilled Sandbell 4 lb.	9.00
UFSB-6	Unfilled Sandbell 6 lb.	10.00
UFSB-8	Unfilled Sandbell 8 lb.	12.00
UFSB-10	Unfilled Sandbell 10 lb.	17.00
UFSB-12	Unfilled Sandbell 12 lb.	22.00
UFSB-15	Unfilled Sandbell 15 lb.	29.00
UFSB-20	Unfilled Sandbell 20 lb.	40.00
UFSB-25	Unfilled Sandbell 25 lb.	50.00
UFSB-30	Unfilled Sandbell 30 lb.	60.00
UFSB-40	Unfilled Sandbell 40 lb.	75.00
UFSB-50	Unfilled Sandbell 50 lb.	86.00

Filled

FSB-2	Filled Sandbell 2 lb.	10.00
FSB-4	Filled Sandbell 4 lb.	12.00
FSB-6	Filled Sandbell 6 lb.	14.00
FSB-8	Filled Sandbell 8 lb.	16.00
FSB-10	Filled Sandbell 10 lb.	22.00
FSB-12	Filled Sandbell 12 lb.	29.00
FSB-15	Filled Sandbell 15 lb.	36.00
FSB-20	Filled Sandbell 20 lb.	45.00
FSB-25	Filled Sandbell 25 lb.	63.00
FSB-30	Filled Sandbell 30 lb.	75.00
FSB-40	Filled Sandbell 40 lb.	87.00
FSB-50	Filled Sandbell 50 lb.	99.00

FSR-1	Sandrope	179.00
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SMART BRAND PRODUCTS

SM-CRT	Smart Cart	1,595.00
SM-STK	Smart Stick	14.00
SM-CTCD	Smart Stick Circuit Cards (21)	29.00
SMH-1	Smart Hurdle 1 6" X 18" (Package of 6)	79.00
SMH-2	Smart Hurdle 2 12" X 18" (Package of 6)	79.00
SMH-3	Smart Hurdle 3 Adjusts from 12"-18" (Pkg of 3)	149.00
SMH-4	Smart Hurdle 4 Adjusts from 21"-36" (Pkg of 3)	179.00
SMH-5	Smart Hurdle 5 Adjusts from 27"-42" (Pkg of 3)	199.00
SMTH-4	Smart Test Hurdle #4 (1)	79.00
SMTH-5	Smart Test Hurdle #5 (1)	89.00
ABC-15	ABC Agility Ladder – two sections, 15'	49.00
ABC-30	ABC Agility Ladder – four sections, 30'	89.00
ABC-DVD	ABC Agility Ladder DVD	29.00
ABC-CTCD	ABC Agility Ladder Circuit Cards (11)	19.00
ABC-PKG	Circuit Cards plus DVD	39.00

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STEP 3 Add Tubing

TRAIN STATION

SNAP ON TRAIN STATIONS*

1-TSSC-2	R2 <i>Purple</i> Snap-On Wall Mount Train Station	97.00
1-TSSC-3	R3 <i>Pink</i> Snap-On Wall Mount Train Station	97.00
1-TSSC-4	R4 <i>Maroon</i> Snap-On Wall Mount Train Station	97.00
1-TSSC-5	R5 <i>Orange</i> Snap-On Wall Mount Train Station	98.00
1-TSSC-6	R6 <i>Red</i> Snap-On Wall Mount Train Station	99.00

DOOR MOUNT TRAIN STATIONS*

1-TSD-4	R4 <i>Maroon</i> Door Mount Train Station	60.00
1-TSD-5	R5 <i>Orange</i> Door Mount Train Station	61.00
1-TSD-6	R6 <i>Red</i> Door Mount Train Station	62.00

*Includes Mounting Hardware, straps, cables, handles, cardio belt, foot cuff

CABLE SETS / CABLE ACCESSORIES

1-TS-2E	Pair of R2 <i>Purple</i> Train Station cables	15.00
1-TS-3E	Pair of R3 <i>Pink</i> Train Station cables	15.00
1-TS-4E	Pair of R4 <i>Maroon</i> Train Station cables	15.00
1-TS-5E	Pair of R5 <i>Orange</i> Train Station cables	16.00
1-TS-6E	Pair of R6 <i>Red</i> Train Station cables	17.00

TS-ECS-2	R2 <i>Purple</i> Train Station Extra Cable Set <i>(two handles w/ safety straps, two triple cable pockets w/ carabineer, two cables)</i>	35.00
TS-ECS-3	R3 <i>Pink</i> Train Station Extra Cable Set	35.00
TS-ECS-4	R4 <i>Maroon</i> Train Station Extra Cable Set	35.00
TS-ECS-5	R5 <i>Orange</i> Train Station Extra Cable Set	36.00
TS-ECS-6	R6 <i>Red</i> Train Station Extra Cable Set	37.00

TS-DECS-4	R4 <i>Maroon</i> Train Station Double Extra Cable Set <i>(two handles w/ safety straps, two triple cable pockets w/ carabineer, four cables)</i>	45.00
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TS-DECS-5	R5 <i>Orange</i> Train Station Double Extra Cable Set	47.00
TS-DECS-6	R6 <i>Red</i> Train Station Double Extra Cable Set	49.00

TS-TECS-5	R5 <i>Orange</i> Train Station Triple Extra Cable Set <i>(two handles w/ safety straps, two triple cable pockets w/ carabineer, six cables)</i>	59.00
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TS-TECS-6	R6 <i>Red</i> Train Station Triple Extra Cable Set	63.00
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MISC. TRAIN STATION HARDWARE / SOFTWARE

1-TSD-BDY	Train Station Door Mount Strap w/ O-ring only	30.00
1-TSSC-BDY	Snap-On TrainStation Wall Mounts (2), Strap, and O-ring only	55.00
8-AATS	Train Station Foot Cuff Only	10.00
1-TGHS	Train Station Triple Grip Handles w/ safety strap	15.00
1-TS-DCP	Train Station Detachable Cable Pockets w/carabineer	15.00
TS-MB	Train Station Movement Belt	10.00
TS-BC	Train Station Bleacher Clip	3.00
TS-DVD	Train Station Educational DVD	30.00
TS-CTCD	Train Station Circuit Cards (60)	89.00
TS-PKG	Train Station Package (Circuit Cards plus DVD)	109.00

CIRCUIT TRAINER BAND & ACCESSORIES

4-CBS-4	R4 (Maroon) Circuit Trainer Band	40.00
4-CBS-5	R5 (Orange) Circuit Trainer Band	41.00
4-CBS-6	R6 (Red) Circuit Trainer Band	42.00
4-CBS-7	R7 (Yellow) Circuit Trainer Band	43.00
CT-CR	Center Ring for Circuit Trainer	20.00
CT-DVD	Circuit Trainer Educational DVD	25.00
CT-CTCD	Circuit Trainer Circuit Cards (26)	39.00
CT-PKG	Circuit Trainer Circuit Cards Plus DVD	59.00

C-BAND W/ SAFETY STRAP

4-CBSS-2	R2 C-band w/ safety strap	30.00
4-CBSS-3	R3 C-band w/ safety strap	31.00
4-CBSS-4	R4 C-band w/ safety strap	32.00
CB-CTCD	C-band Circuit Cards (33)	49.00

PowR WALK & ACCESSORIES

1-SKW-G	PowR Walk w/ gold and silver cables	29.00
1-SKW-SE	Pair of Silver PowR Walk cables	5.00
1-SKW-GE	Pair of Gold PowR Walk cables	7.00
PWK-DVD	PowR Walk Workout DVD	25.00
PWK-CTCD	PowR Walk Circuit Cards (29)	45.00
PWK-DVD	PowR Walk Package (Circuit Cards plus DVD)	59.00

POWER PUSH-UP III

4-PPU3-2	Power Push-up III w/ R2 cables	40.00
4-PPU3-3	Power Push-up III w/ R3 cables	40.00
4-PPU3-4	Power Push-up III w/ R4 cables	40.00
PPU-CTCD	Power Push-up Circuit Cards (3)	6.00

MINI-BANDS

MB-Y	Light <i>Yellow</i> Mini-band Package of 10	3.00 27.00
MB-G	Medium <i>Green</i> Mini-band Package of 10	3.25 29.00
MB-B	Heavy <i>Blue</i> Mini-band Package of 10	3.50 31.00
MIN-CTCD	Mini-Band Circuit Cards (10)	15.00

ASSISTED PULL-UPS

4-PUR	Pull-up Revolution	49.00
4-PUR-I	Pull-up Revolution Pro	79.00

PORTABLE CABLE CADDIES

8-CC-4	Cable Caddy w/ 4 rings	160.00
8-CC-6	Cable Caddy w/ 6 rings	175.00
8-CC-8	Cable Caddy w/ 8 rings	190.00